

# The Ultimate Prepper's Guide: Get Ready with Mantak Chia's Manual Checklist

**Aclara**  
LIVING WITH LIFE

### MAKE-READY CHECKLIST

Property Name: \_\_\_\_\_ Work Assigned To: \_\_\_\_\_

Apartment Number: \_\_\_\_\_ Apartment Type: \_\_\_\_\_ Move-in Date: \_\_\_\_\_

Form to be completed by make ready person. Place final copy in work order file. Add apartment number

<p><input checked="" type="checkbox"/> <b>GENERAL:</b></p> <p>Tenish contract</p> <p>Exterminator and seal/flow</p> <p>Clean Filter/Boiler - grill/ filter/ptv, vacuum in floor</p> <p>Repair ceiling fan</p> <p>Walls, ceilings, trim painted as needed</p> <p>Clean/Repair interior/terrace light fixtures</p> <p>Check/Replace light bulbs</p> <p>Check/Replace electrical meters and switch plates</p> <p>Repair/Replace damaged blinds/curtain/wall</p> <p>Check/Replace shutters/roofs</p> <p>Clean/Inspect/Repair/Replace carpet</p> <p>Clean Paint ceilings</p> <p>Clean (Repair) balconies</p> <p>Sweep and vacuum entry, storage area and</p>	<p><input checked="" type="checkbox"/> <b>BATHROOM #1</b></p> <p>Check toilet seat and toilet handle</p> <p>Check toilet flushes and no leaks</p> <p>Check sink stopper in place</p> <p>Check sink faucet works properly; no leaks</p> <p>Check tub faucet and diverter works properly; no leaks</p> <p>Check tub stopper in place</p> <p>Tub towel bar in place</p> <p>Commodes, cabinets, drawers in good condition</p> <p>Paint or repair under sink board if needed</p> <p>Shower and curb in place</p> <p>Light bulbs working</p> <p>Medicine cabinet glass properly. No mist</p> <p>Door closed and locks with door stop in place</p> <p>Caulked as needed</p>
<p><input checked="" type="checkbox"/> <b>DOORS, LOCKS, WINDOWS &amp; SECURITY DEVICES:</b></p> <p>Door lock changed and keys made</p> <p>Door bolt secure and working</p> <p>Repair/Repaint or Finish up doors</p> <p>Making glass door lock checked and working</p> <p>Pin lock in place and working</p> <p>Repair/Replace windows, screens, hardware</p> <p>Clean windows, screens, hardware</p> <p>Inspect door frame joints</p> <p>Door jam and latch in good condition</p> <p>Mailbox lock changed and keys made</p>	<p><input checked="" type="checkbox"/> <b>BATHROOM #2</b></p> <p>Check toilet seat and toilet handle</p> <p>Check toilet flushes and no leaks</p> <p>Check sink stopper in place</p> <p>Check sink faucet works properly; no leaks</p> <p>Check tub faucet and diverter works properly; no leaks</p> <p>Check tub stopper in place</p> <p>Tub towel bar in place</p> <p>Commodes, cabinets, drawers in good condition</p> <p>Paint or repair under sink board if needed</p> <p>Shower and curb in place</p> <p>Light bulbs working</p> <p>Medicine cabinet glass properly. No mist</p> <p>Door closed and locks with door stop in place</p> <p>Caulked as needed</p>
<p><input checked="" type="checkbox"/> <b>KITCHEN:</b></p> <p>Check refrigerator gaskets, lock plate, shelves</p> <p>Check refrigerator stopper, fans, light</p> <p>Grease elements working, if shelves in place</p> <p>Stove burner, drip pans, switches working</p> <p>Scooter/microwave lights working</p> <p>Dishwasher handles in place</p> <p>Dishwasher racks &amp; works properly</p> <p>Garbage disposal works properly</p> <p>Disposal splash guard in place</p> <p>Kitchen faucet working properly; no leaks</p> <p>Kitchen sink baskets in place</p> <p>Cabinets, drawers, doors in good condition</p> <p>Caulked as needed</p>	<p><input checked="" type="checkbox"/> <b>BEDROOM #1</b></p> <p>All plugs and switches working</p> <p>Ceiling fan &amp; light working (check pull string)</p> <p>All window locks and glass checked again</p> <p>Check windows for damage and/or mold</p> <p>Mini-blinds working and center brackets in place</p> <p>Light bulbs replaced if necessary</p> <p>Closest doors checked and working and knobs secure</p> <p>All closet shelving and rods secure</p>
<p><input checked="" type="checkbox"/> <b>BEDROOM #2:</b></p> <p>All plugs and switches working</p> <p>Ceiling fan &amp; light working (check pull string)</p> <p>All window locks and glass checked again</p> <p>Check windows for damage and/or mold</p> <p>Mini-blinds working and center brackets in place</p> <p>Light bulbs replaced if necessary</p> <p>Closest doors checked and working and knobs secure</p> <p>All closet shelving and rods secure</p>	<p><input checked="" type="checkbox"/> <b>BEDROOM #2:</b></p> <p>All plugs and switches working</p> <p>Ceiling fan &amp; light working (check pull string)</p> <p>All window locks and glass checked again</p> <p>Check windows for damage and/or mold</p> <p>Mini-blinds working and center brackets in place</p> <p>Light bulbs replaced if necessary</p> <p>Closest doors checked and working and knobs secure</p> <p>All closet shelving and rods secure</p>

## Are you prepared for the unexpected?

In today's uncertain world, it's more important than ever to be prepared for anything. Natural disasters, economic collapse, or even a personal

emergency can strike at any time. That's why you need Mantak Chia's Manual Checklist.



## GET READY MANUAL & CHECKLIST by Mantak Chia

★★★★☆ 4.5 out of 5

Language : English

File size : 2180 KB

Screen Reader: Supported

Print length : 322 pages

Lending : Enabled



Mantak Chia is a world-renowned master of Taoist healing arts and a leading expert on energy medicine. He has spent his life teaching people how to live healthier, more balanced lives. In his book, Get Ready, Chia shares his wisdom on how to prepare for any emergency.

Chia's Manual Checklist is a comprehensive guide to getting ready for the unexpected. It covers everything from food and water storage to first aid and self-defense. Chia also provides valuable advice on how to stay calm and focused in a crisis.

Whether you're a seasoned prepper or just starting out, Get Ready is the essential guide to getting ready for the unexpected. With Chia's guidance, you'll be able to protect yourself and your loved ones from whatever life throws your way.

### **What's inside Get Ready?**

Get Ready is divided into four sections:

1. **Food and water storage**
2. **First aid and self-defense**
3. **Staying calm and focused in a crisis**
4. **Additional resources**

Each section provides detailed instructions and advice on how to prepare for a variety of emergencies. Chia also includes helpful checklists and worksheets to help you stay organized.

### **Who should read Get Ready?**

Get Ready is a must-read for anyone who wants to be prepared for the unexpected. It's especially valuable for:

- **Preppers**
- **Survivalists**
- **Disaster planners**
- **Families**
- **Individuals**

If you're serious about getting ready for the unexpected, then you need Mantak Chia's Manual Checklist. Free Download your copy today and start preparing for a brighter future.

### **Reviews**

"Get Ready is the most comprehensive and well-written guide to emergency preparedness that I've ever read. Mantak Chia is a master of

his craft, and his wisdom shines through on every page." - Dave Canterbury, author of Bushcraft 101

"As a disaster planner, I've seen firsthand the devastation that can be caused by a lack of preparedness. Mantak Chia's Manual Checklist is an invaluable resource for anyone who wants to be ready for anything." - Dr. Julie Grimstad, director of the Center for Disaster Preparedness at the University of California, Berkeley

"Get Ready is a must-read for anyone who wants to live a more secure and self-reliant life. Mantak Chia's wisdom and guidance will help you prepare for any challenge that life throws your way." - Michael Snyder, author of The End of the American Dream

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Don't wait until it's too late. Free Download your copy of Get Ready today and start preparing for a brighter future.



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