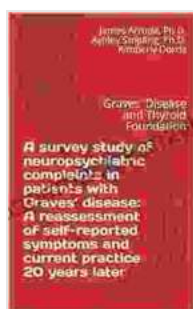


# Survey Study of Neuropsychiatric Complaints in Patients with Graves Disease

Graves disease is an autoimmune disorder that affects the thyroid gland. It is characterized by an overactive thyroid gland, which can lead to a variety of symptoms, including weight loss, increased heart rate, and nervousness.



## A survey study of neuropsychiatric complaints in patients with Graves' disease: A reassessment of self-reported symptoms and current practice 20 years later: Graves' Disease and Thyroid Foundation

★★★★★ 5 out of 5

Language	: English
File size	: 3451 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 34 pages
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In addition to these physical symptoms, Graves disease can also cause a number of neuropsychiatric complaints. These complaints can range from mild to severe, and they can significantly impact the quality of life of patients with Graves disease.

A recent survey study of neuropsychiatric complaints in patients with Graves disease found that a significant number of patients experience these symptoms. The study, which was published in the journal *Thyroid*, surveyed 200 patients with Graves disease. The researchers found that:

- 58% of patients reported experiencing anxiety
- 47% of patients reported experiencing depression
- 39% of patients reported experiencing irritability
- 32% of patients reported experiencing difficulty concentrating

These findings suggest that neuropsychiatric complaints are common in patients with Graves disease. These symptoms can significantly impact the quality of life of patients with Graves disease, and it is important for clinicians to be aware of these potential complications.

### **Symptoms of Neuropsychiatric Complaints in Graves Disease**

The symptoms of neuropsychiatric complaints in Graves disease can vary from person to person. Some of the most common symptoms include:

- Anxiety
- Depression
- Irritability
- Difficulty concentrating
- Insomnia
- Mood swings

- Fatigue
- Muscle weakness
- Tremor
- Blurred vision
- Double vision

These symptoms can be caused by a number of factors, including the overactive thyroid gland, the immune system response to the thyroid gland, and the medications used to treat Graves disease.

### **Treatment of Neuropsychiatric Complaints in Graves Disease**

The treatment of neuropsychiatric complaints in Graves disease depends on the severity of the symptoms. For mild symptoms, lifestyle changes, such as exercise, relaxation techniques, and a healthy diet, may be helpful. For more severe symptoms, medication or therapy may be necessary.

Some of the medications that may be used to treat neuropsychiatric complaints in Graves disease include:

- Antidepressants
- Anti-anxiety medications
- Mood stabilizers
- Antipsychotics

Therapy can also be helpful for treating neuropsychiatric complaints in Graves disease. Therapy can help patients to understand their symptoms,

develop coping mechanisms, and improve their quality of life.

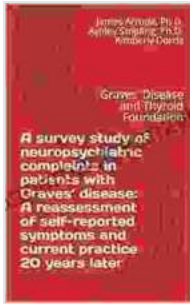
Neuropsychiatric complaints are common in patients with Graves disease. These symptoms can significantly impact the quality of life of patients with Graves disease, and it is important for clinicians to be aware of these potential complications. Treatment for neuropsychiatric complaints in Graves disease depends on the severity of the symptoms and may include lifestyle changes, medication, or therapy.

If you have Graves disease and are experiencing neuropsychiatric complaints, it is important to talk to your doctor. Treatment can help to improve your symptoms and quality of life.

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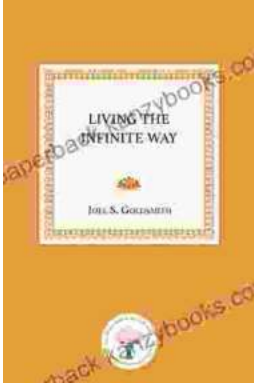
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