# Running To Resurrection: A Soul-Making Chronicle

In the tapestry of life, our journeys often weave unexpected threads that lead us towards profound transformations. For author and runner K. Orsborn, it was a long-distance run that ignited a spiritual awakening, setting her on a path of self-discovery and connection with the divine. In her captivating memoir, Running To Resurrection, Orsborn shares her intimate and inspiring journey, offering a poignant guide for anyone seeking spiritual growth, personal transformation, and a deeper understanding of their own inner voyage.



#### **Running to Resurrection: A soul-making chronicle**

****	4.7 out of 5
Language	: English
File size	: 920 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typese	etting : Enabled
Print length	: 145 pages
Lending	: Enabled



Through her vivid and evocative prose, Orsborn takes us on a parallel journey of physical and spiritual endurance. As she laces up her running shoes and embarks on a 100-mile ultramarathon, she embarks on an equally challenging inward journey, navigating the depths of her own soul. With each stride, she confronts her fears, pushes her limits, and uncovers hidden strengths within herself. Along the way, she encounters both physical and emotional obstacles that test her resolve and ultimately lead to a deeper understanding of her purpose and place in the universe.

Running To Resurrection is not merely a chronicle of one woman's athletic endeavor; it is a profound exploration of the transformative power of movement, meditation, and mindful self-reflection. Orsborn's words resonate with a universal truth: that within the crucible of challenge lies the potential for profound growth and spiritual awakening. As she runs, she delves into the depths of her own psyche, examining her beliefs, wounds, and dreams. With honesty and vulnerability, she shares her struggles, triumphs, and the profound insights she gains along the way.

Through Orsborn's captivating storytelling, readers will be inspired to embark on their own journeys of self-discovery and spiritual awakening. Running To Resurrection serves as a beacon of hope and guidance for anyone seeking to transcend their limitations, embrace their true potential, and find a deeper connection with themselves and the divine. Whether you are a seasoned runner, a spiritual seeker, or simply someone yearning for personal transformation, this book will ignite a fire within you and guide you towards a life lived with purpose, meaning, and joy.

## **Praise for Running To Resurrection**

"Running To Resurrection is a beautifully written and deeply inspiring memoir that will resonate with anyone who has ever sought spiritual growth or personal transformation. K. Orsborn's journey is a testament to the transformative power of running and the importance of embracing our inner strength. Her insights are profound, her storytelling is captivating, and her message is one that will stay with me long after I finish reading." - Tami Oldham Ashcraft, author of Red Sky in Mourning "K. Orsborn's Running To Resurrection is an extraordinary account of one woman's spiritual awakening through the transformative power of running. Her journey is both personal and universal, and her insights into the nature of suffering, resilience, and the search for meaning will inspire readers to embark on their own journeys of self-discovery and spiritual growth." - Tara Brach, author of Radical Acceptance

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Running To Resurrection is available now in paperback, ebook, and audiobook formats. Free Download your copy today and begin your own transformative journey towards spiritual growth, personal transformation, and a deeper connection with yourself and the divine.

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