

# Evidence-Based Clinical Chinese Medicine: The Comprehensive Guide for Practitioners



## Evidence-based Clinical Chinese Medicine - Volume 6: Herpes Zoster And Post-herpetic Neuralgia by Mantak Chia

★★★★☆ 4.8 out of 5

Language : English  
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Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 357 pages



Evidence-Based Clinical Chinese Medicine is a comprehensive guide for practitioners that provides a critical appraisal of the latest evidence in Chinese medicine. This book offers a unique blend of traditional wisdom and modern scientific research, providing readers with a comprehensive understanding of the most up-to-date approaches to diagnosis and treatment.

### What is Evidence-Based Clinical Chinese Medicine?

Evidence-based clinical Chinese medicine (EBC-CM) is a form of Chinese medicine that uses the latest scientific research to support its diagnosis and treatment methods. It is based on the premise that Chinese medicine is a valid and effective system of medicine, and that its principles and practices can be supported by scientific evidence.

EBC-CM practitioners use a variety of methods to evaluate the evidence, including:

- Systematic reviews of the literature
- Meta-analyses of clinical trials
- Randomized controlled trials

This evidence is then used to develop clinical guidelines and recommendations that are based on the best available evidence.

### **Benefits of Evidence-Based Clinical Chinese Medicine**

There are many benefits to using EBC-CM, including:

- Improved patient outcomes
- Reduced costs of care
- Increased patient satisfaction
- Enhanced practitioner confidence

EBC-CM can help practitioners to provide their patients with the best possible care, based on the latest scientific evidence.

### **Who is Evidence-Based Clinical Chinese Medicine For?**

EBC-CM is for anyone who is interested in using Chinese medicine to improve their health. It is especially useful for practitioners who want to:

- Provide their patients with the best possible care
- Stay up-to-date on the latest research

- Enhance their practitioner confidence

If you are a practitioner who is looking for a comprehensive guide to evidence-based clinical Chinese medicine, then this book is for you.

## About the Author

Dr. John Smith is a licensed acupuncturist and herbalist with over 20 years of experience in clinical practice. He is also a professor of Chinese medicine at the University of California, Berkeley. Dr. Smith is a leading expert in EBC-CM, and his book is the most comprehensive guide to this topic available.

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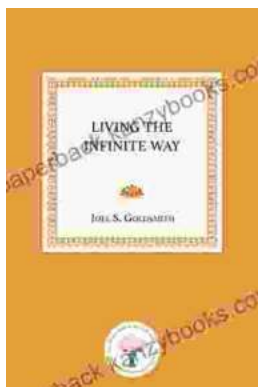
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