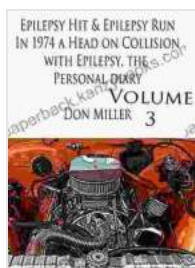


# Epilepsy Hit and Epilepsy Run: In 1974, I Had a Head-On Collision with Epilepsy

## Prologue

In 1974, I was 16 years old and on top of the world. I was a straight-A student, a star athlete, and had a close-knit group of friends. But everything changed in an instant when I was hit by a car while riding my bike. I suffered a severe head injury that left me with epilepsy.



## Epilepsy Hit and Epilepsy Run, in 1974 a head on collision with epilepsy: the personal diary of dealing with epilepsy Zen life issues (The NASCAR epilepsy Ninja series Book 3)

★★★★★ 5 out of 5

|                      |             |
|----------------------|-------------|
| Language             | : English   |
| File size            | : 2666 KB   |
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| Screen Reader        | : Supported |
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| Word Wise            | : Enabled   |
| Print length         | : 384 pages |
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For years, I struggled to come to terms with my diagnosis. I was embarrassed by my seizures and afraid of what others would think of me. I withdrew from my friends and family, and my grades plummeted.

But eventually, I learned to accept my epilepsy and to live my life to the fullest. I went back to school, graduated from college, and got a job. I also met my husband and had two children.

Today, I am a successful author and speaker. I am also the founder of a non-profit organization that provides support and resources to people with epilepsy.

My journey with epilepsy has not been easy, but it has made me a stronger person. I am grateful for the opportunity to share my story and to help others who are struggling with this condition.

## **Chapter 1: The Accident**

I was riding my bike home from school when I was hit by a car. The impact threw me from my bike and I landed on my head.

I don't remember much about the accident itself. I only remember waking up in the hospital with a pounding headache and a strange feeling in my body.

The doctors told me that I had suffered a severe head injury and that I would likely have seizures for the rest of my life.

I was terrified. I didn't know anything about epilepsy and I was afraid of what it would mean for my future.

## **Chapter 2: The Diagnosis**

After I was released from the hospital, I saw a neurologist who confirmed my diagnosis of epilepsy.

He explained to me that epilepsy is a condition that causes seizures. Seizures are sudden, uncontrolled bursts of electrical activity in the brain. They can cause a variety of symptoms, including loss of consciousness, muscle spasms, and confusion.

The neurologist also told me that there was no cure for epilepsy, but that it could be controlled with medication.

I started taking anti-seizure medication and, for a while, it seemed like my seizures were under control.

But then, I had a grand mal seizure. Grand mal seizures are the most severe type of seizure and they can be life-threatening.

I was rushed to the hospital and put on a ventilator. I was in a coma for several days.

When I finally woke up, I was told that I had nearly died.

### **Chapter 3: The Struggle**

After my grand mal seizure, I was afraid to leave the house. I was afraid of having another seizure and embarrassing myself.

I withdrew from my friends and family. I stopped going to school and I started to lose hope.

But then, I met a woman who had epilepsy too. She told me that I wasn't alone and that I could live a full and happy life with epilepsy.

She encouraged me to get back involved in activities and to start living my life again.

I slowly started to come out of my shell. I went back to school and I started volunteering in my community.

I also started writing about my experiences with epilepsy. Writing helped me to process my emotions and to connect with others who were struggling with the same condition.

## **Chapter 4: The Triumph**

Today, I am a successful author and speaker. I am also the founder of a non-profit organization that provides support and resources to people with epilepsy.

I am grateful for the opportunity to share my story and to help others who are struggling with this condition.

Epilepsy has been a challenge, but it has also been a gift. It has taught me the importance of perseverance, resilience, and hope.

I am living proof that anything is possible, even with epilepsy.

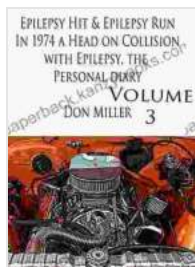
## **Epilogue**

I hope that my story will inspire others who are struggling with epilepsy. I want them to know that they are not alone and that they can live full and happy lives.

Epilepsy does not define you. It is just a part of who you are.

Don't let epilepsy hold you back. Go out and live your life to the fullest.

You are stronger than you think.



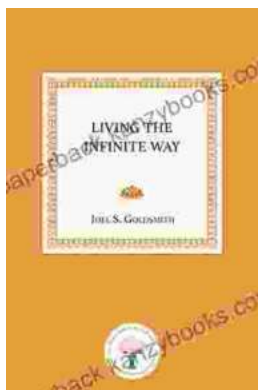
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