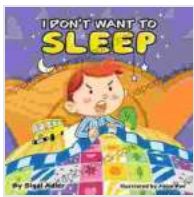


# Don't Want to Sleep: The Essential Guide to Helping Your Child Sleep Through the Night

Do you have a child who has trouble sleeping? If so, you're not alone. Millions of parents around the world struggle with this frustrating problem.

But there is hope!



**"I DON'T WANT TO SLEEP": Books for kids Preschool, Teach Kids the Importance of Sleep! Bedtime books for toddlers, (Sleep Bedtime Story books for kids Book 1)**

by Sigal Adler

★★★★☆ 4.5 out of 5

Language : English

File size : 2835 KB

Text-to-Speech: Enabled

Print length : 58 pages

Lending : Enabled



Don't Want to Sleep is the essential guide to helping your child sleep through the night. In this book, you'll find everything you need to know about sleep, from how much your child needs to how to create a healthy sleep environment. You'll also learn about the different sleep problems that children can experience, and how to solve them.

With Don't Want to Sleep, you can finally get your child the sleep they need to thrive.

## **What You'll Learn in Don't Want to Sleep**

In this book, you'll learn:

- \* How much sleep your child needs
- \* How to create a healthy sleep environment
- \* The different sleep problems that children can experience
- \* How to solve sleep problems
- \* And much more!

## **Don't Want to Sleep is the Book You've Been Waiting For**

If you're a parent of a child who has trouble sleeping, then you need this book. Don't Want to Sleep will give you the tools you need to help your child get the sleep they need to thrive.

Free Download your copy today!

## **Reviews**

"Don't Want to Sleep is a must-read for any parent who has a child who has trouble sleeping. This book is full of practical advice that will help you get your child on the road to sleeping through the night." - Dr. Harvey Karp, author of The Happiest Baby on the Block

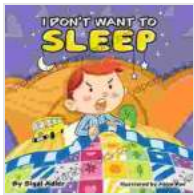
"Finally, a book that addresses the real-world challenges of getting kids to sleep. Don't Want to Sleep is the comprehensive guide that parents need to

help their children get the rest they need." - Kim West, LCPC, author of Good Night, Sleep Tight

"Don't Want to Sleep is a lifesaver! This book has helped me to understand why my child has trouble sleeping, and it has given me the tools I need to help him get the sleep he needs." - A grateful parent

### **Free Download Your Copy Today!**

Don't Want to Sleep is available in paperback, ebook, and audiobook formats. Free Download your copy today and start helping your child sleep through the night!



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