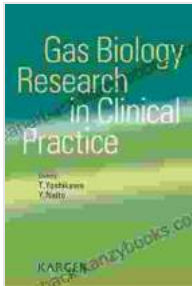


Coronary Artery Disease: From Biology to Clinical Practice



Coronary Artery Disease: From Biology to Clinical Practice by Simone Jacobs

★★★★☆ 4.2 out of 5

Language : English
File size : 80888 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 472 pages



Coronary artery disease (CAD) is the leading cause of death worldwide. It is a complex disease that involves the buildup of plaque in the arteries that supply blood to the heart. Plaque is made up of cholesterol, fat, calcium, and other substances. As plaque builds up, it can narrow the arteries and restrict blood flow to the heart. This can lead to angina (chest pain), heart attack, and even death.

The risk factors for CAD include high blood pressure, high cholesterol, diabetes, smoking, obesity, and a family history of heart disease. CAD is more common in men than women, and the risk of developing CAD increases with age.

There are a number of things you can do to reduce your risk of developing CAD, including:

- Eating a healthy diet
- Exercising regularly
- Maintaining a healthy weight
- Not smoking
- Managing your blood pressure and cholesterol

If you have CAD, there are a number of treatments available to help manage the disease and reduce your risk of complications. These treatments include:

- Medications
- Lifestyle changes
- Surgery

CAD is a serious disease, but it can be managed with proper treatment. By following your doctor's recommendations, you can reduce your risk of complications and live a long and healthy life.

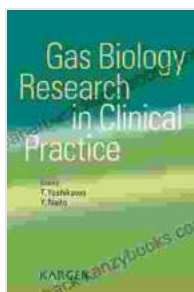
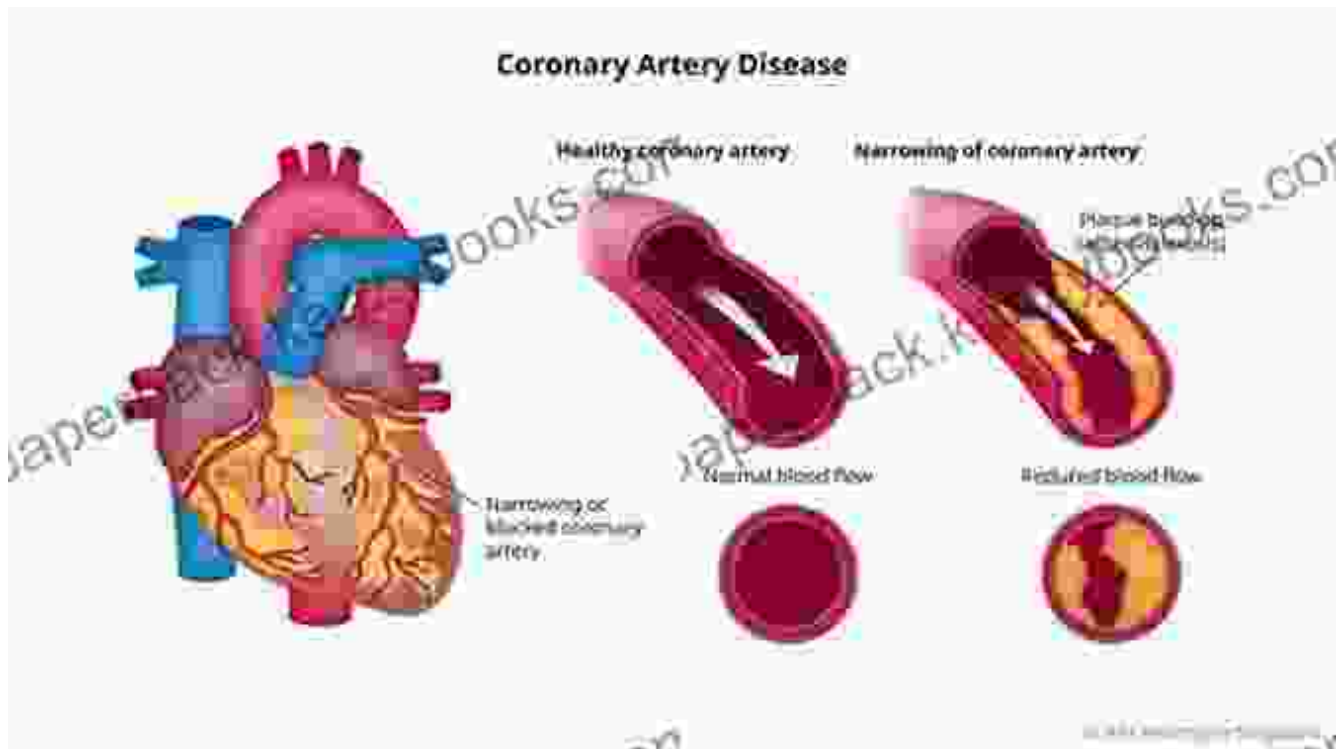
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Coronary Artery Disease: From Biology to Clinical Practice is the definitive guide to this complex disease. This book provides a comprehensive overview of the biology of CAD, from the molecular level to the clinical presentation. It also covers the latest advances in diagnosis and treatment.

This book is essential reading for cardiologists, internists, family practitioners, and other healthcare professionals who care for patients with

CAD. It is also a valuable resource for patients and their families who want to learn more about this disease.

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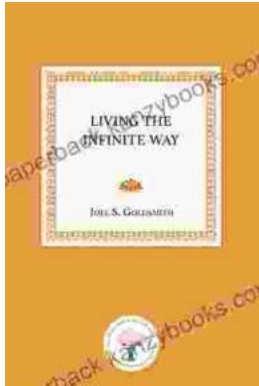
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