

Bladder Cancer: A Comprehensive Guide

Bladder cancer is a type of cancer that starts in the cells of the bladder. It is the sixth most common cancer in the United States, and it is more common in men than in women. Bladder cancer can be treated with surgery, chemotherapy, radiation therapy, and immunotherapy. The type of treatment that is best for you will depend on the stage of your cancer.

The most common symptom of bladder cancer is blood in the urine. This may be visible to the naked eye, or it may be detected under a microscope. Other symptoms of bladder cancer include:

- Painful urination
- Frequent urination
- Urgency to urinate
- Difficulty urinating
- A feeling of fullness in the bladder
- Weight loss
- Fatigue

There are several risk factors for bladder cancer, including:

Bladder Cancer from CancerGroup.com (Bladder Cancer by CancerGroup.com Book 5)

★★★★★ 5 out of 5

Language : English

File size : 2317 KB



Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 151 pages



- Smoking
- Exposure to certain chemicals, such as arsenic and benzene
- A history of bladder infections
- A family history of bladder cancer

Bladder cancer is typically diagnosed with a cystoscopy. This is a procedure in which a thin, lighted tube is inserted into the bladder to visualize the inside of the bladder. A biopsy may also be performed, in which a small sample of tissue is removed from the bladder and examined under a microscope.

The type of treatment that is best for you will depend on the stage of your cancer. Treatment options for bladder cancer include:

- **Surgery:** Surgery is the most common treatment for bladder cancer. The type of surgery that is performed will depend on the stage of your cancer.
- **Chemotherapy:** Chemotherapy is a type of drug treatment that uses chemicals to kill cancer cells. Chemotherapy may be used before or

after surgery, or it may be used as the sole treatment for bladder cancer.

- **Radiation therapy:** Radiation therapy is a type of treatment that uses high-energy beams of radiation to kill cancer cells. Radiation therapy may be used before or after surgery, or it may be used as the sole treatment for bladder cancer.
- **Immunotherapy:** Immunotherapy is a type of treatment that uses the body's own immune system to fight cancer. Immunotherapy may be used as the sole treatment for bladder cancer, or it may be used in combination with other treatments.

The prognosis for bladder cancer depends on the stage of the cancer when it is diagnosed. The five-year survival rate for bladder cancer is 77%.

There is no sure way to prevent bladder cancer, but there are some things you can do to reduce your risk, including:

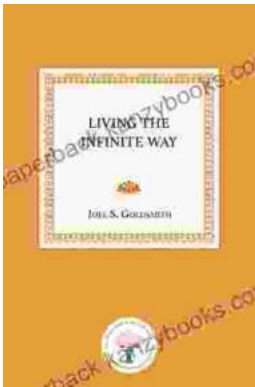
- Quit smoking.
- Avoid exposure to certain chemicals, such as arsenic and benzene.
- Drink plenty of fluids.
- Eat a healthy diet.
- Exercise regularly.
- [American Cancer Society](#)
- [National Cancer Institute](#)
- [Bladder Cancer Advocacy Network](#)



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