Afternoon Tea: A Contemporary Guide to the Art of Tea Time

Afternoon tea is a beloved tradition that has been enjoyed for centuries. It is a time to relax and socialize with friends and family, while enjoying a delicious selection of tea, sandwiches, and cakes.



AFTERNOON TEA: A Contemporary Guide (Cookbooks

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Language	: English	
File size	: 834 KB	
Text-to-Speech	: Enabled	
Screen Reader	: Supported	
Enhanced typesetting	: Enabled	
Word Wise	: Enabled	
Lending	: Enabled	
Print length	: 118 pages	

Book 1) by Linda Hewitt



In this contemporary guide to afternoon tea, you will learn everything you need to know to host the perfect tea party, from choosing the right tea and sandwiches to setting the perfect ambiance.

Chapter 1: The History of Afternoon Tea

Afternoon tea originated in England in the early 19th century. It was originally a way for the upper classes to socialize and entertain guests. Afternoon tea quickly became a popular tradition, and it soon spread to other countries around the world. Today, afternoon tea is enjoyed by people of all ages and backgrounds. It is a popular way to celebrate special occasions, such as birthdays, anniversaries, and bridal showers. Afternoon tea is also a great way to relax and unwind after a long day.

Chapter 2: How to Host an Afternoon Tea Party

Hosting an afternoon tea party is a great way to show your friends and family how much you care. Here are a few tips for hosting the perfect tea party:

- Choose a date and time that works for your guests.
- Send out invitations at least two weeks in advance.
- Set the perfect ambiance by choosing a theme for your party and decorating your home accordingly.
- Choose a variety of teas to serve your guests.
- Prepare a selection of sandwiches, cakes, and other treats.
- Set up a beautiful tea table and serve your guests with style.

Chapter 3: Tea Etiquette

There are a few simple rules of etiquette that you should follow when attending an afternoon tea party.

- Arrive on time.
- Dress appropriately.
- Be polite and respectful to your fellow guests.

- Enjoy your tea and food.
- Leave on time.

Chapter 4: Recipes

This chapter includes a variety of recipes for tea sandwiches, cakes, and other treats that are perfect for afternoon tea.

Here are a few of our favorite recipes:

- Cucumber sandwiches
- Egg salad sandwiches
- Scones
- Victoria sponge cake
- Lemon curd

Afternoon tea is a wonderful tradition that can be enjoyed by people of all ages and backgrounds. By following the tips in this guide, you can host the perfect afternoon tea party and impress your guests with your knowledge and style.

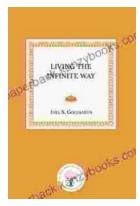
So what are you waiting for? Start planning your next afternoon tea party today!



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