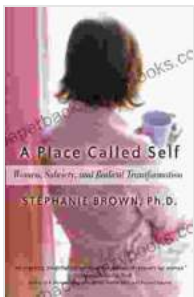


A Place Called Self: Women, Sobriety, and Radical Transformation

In a world that often tells women to shrink, silence, and conform, *A Place Called Self* offers a powerful and transformative message of hope and healing.



A Place Called Self: Women, Sobriety & Radical Transformation by Stephanie Brown

★★★★☆ 4.6 out of 5

Language : English
File size : 882 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 208 pages



Through the stories of six women who have overcome addiction, this groundbreaking book explores the unique challenges and strengths that women face on the path to sobriety. With raw honesty and vulnerability, these women share their experiences of trauma, loss, and self-discovery, offering a roadmap for anyone who is struggling with addiction or seeking a deeper connection to their true selves.

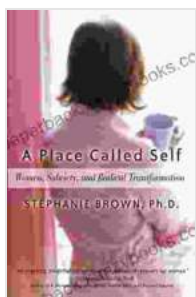
In *A Place Called Self*, you will meet:

- **Sarah**, a young woman who struggled with addiction for years before finding sobriety through the support of a women's recovery group.
- **Maria**, a mother of three who overcame addiction and homelessness to become a successful businesswoman and advocate for women's rights.
- **Linda**, a woman who found sobriety after decades of struggling with addiction and mental illness. She now works as a peer counselor, helping others to find their own path to recovery.
- **Rachel**, a woman who used alcohol and drugs to cope with the trauma of childhood abuse. She now works as a therapist, helping other women to heal from their own traumas.
- **Susan**, a woman who found sobriety after years of struggling with addiction and eating disorders. She now works as a yoga teacher, helping others to find peace and healing through their bodies.
- **Kim**, a woman who found sobriety after years of struggling with addiction and relationships. She now works as a life coach, helping others to find their purpose and live authentic lives.

These women's stories are a testament to the power of the human spirit. They show that addiction is not a sign of weakness, but rather a symptom of the pain and trauma that we have experienced in our lives. And they offer hope that, with the right support, we can all find our way to a place of healing and wholeness.

If you are struggling with addiction, or if you know someone who is, I urge you to read *A Place Called Self*. This book will change your life. It will give

you the hope and the courage to face your addiction and to create a life that is truly your own.



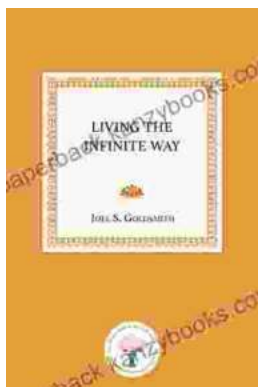
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